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many people living lives that didn't suit them â€" introverts with frenetic social schedules and extroverts with jobs that required them to sit in front of their computers for hours at a stretch.

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The Introvert's Way: Living a Quiet Life in a Noisy World

I wish I can quote almost half of the book. Sophia Dembling's The Introvert's Way: Living a quiet life in a noisy world was sharp, witty, and an easy read with a touch of research, psychology, insights from introverted people around the world, and her perspective of introversion, which is the heart of this book.

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"Introverts think carefully before they speak. We can be excellent public speakers because we prepare carefully.― ― Sophia Dembling, The Introvert's Way: Living a Quiet Life in a Noisy World

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Join thousands of introverts who found themselves in the pages of this book! It's funny and serious, a manifesto and a guide for living. Buy it for yourself, for your favorite introvert, or for the extrovert who just doesn't get you.

Introverts in Love: The Quiet Way to - SOPHIA DEMBLING

― Sophia Dembling, The Introvert's Way: Living a Quiet Life in a Noisy World All introverts will definitely agree on most of Sophia's points, whilst curious extroverts, who would chance upon this book and chose to read it, would find this as an eye-opener.

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